## St. Pauls Epistle

St. Paul's United Methodist Church - Tucson, Arizona



### IT'S STILL NEWS!

Easter is still news in the lives of the followers of Jesus! Each year it generates an eager enthusiasm that is central to the life of the church. At St. Paul's UMC we join our sisters and brothers all over the world in celebrating this joyful day as vigorously as possible.

Inside this edition of The Epistle you will find information concerning the celebration of Easter. Please go to our website <a href="https://www.stpaulsumctucson.org">www.stpaulsumctucson.org</a> for more detailed information.

I want to call special attention to The Holy Week Experience. Those who choose to join in this experience of walking with Jesus and his followers through Holy Week will be guaranteed a new, deep and vitally alive experience of Easter. It will be like none you have ever known.

"We are called to be a community of generosity and love where we invite others to join us in becoming disciples of Jesus Christ for the good of the world."

Christ is risen...for the good of the world!

Billy Still

### HOLY WEEK AT ST. PAUL'S

Communion will be available all week from 8:00 AM to 5:00 PM in the Sanctuary

### Palm Sunday—April 1

At all services we will remember Jesus' triumphant entry into the city. At 9:30 we will celebrate our newest church members as our Confirmation class is welcomed.

## Maundy Thursday—April 5

As we remember Christ's Last Supper with his disciples, we will worship together at 6:00 PM.

### Good Friday—April 6

A service of communion will be held at 12:00 Noon and 6:00 PM. Come and remember the day of Jesus' crucifixion together as the body of Christ.

### Easter Sunday—April 8

Easter Sunday will be a true celebration of the resurrection. Five services of worship will be held throughout the day. In addition, a brunch will be served on the patio.

5:30 AM— Cactus Forest trail head, East End of Broadway Blvd. Usher in Easter with a .7 mile flat hike, keeping silence remembering and reflecting on how the women must have felt walking to the tomb on the first Easter Sunday morning. Receive the sacrament of communion at the base of the Rincon Mountains as the sun rises to announce the resurrection.

**6:00 AM**—Join us for the Sunrise Service in the Memorial Garden.

**8:00 AM**—Be blessed by the Early Bird Choir during worship at this hour in

the Sanctuary.

 $\begin{tabular}{ll} \bf 9:30 & AM — \mbox{Worship in the Life} \\ \mbox{Center.} \end{tabular}$ 

10:15-11:15 AM—Brunch will be served on the patio.

10:40 AM—Join in the fun of an Easter Egg Hunt to find eggs filled with more than just candy. Generous living will be the theme of this year's hunt!

11:00 AM—Be delighted with the sounds of the Sanctuary Choir and brass musicians during worship in the Sanctuary.

## THE HOLY WEEK EXPERIENCE

As we seek to walk in the footsteps of Christ to the Cross and join him in life beyond the grave, **The Holy Week Experience** is an intense, high commitment small group opportunity that will connect you to Christ in a whole new way. Pre-registration is required by March 26 and can be submitted to Rev. Angie McCarty at 296-6149.

### Monday, April 2—Scripture Immersion - Noon & 6 PM --Covenant Room

One Gospel narrative will be read in the Lectio Divina style of scripture study. Ample times of silence and reflection will be offered in order for you to place yourself within the narrative.

### Tuesday, April 3—A Service of Footwashing & Anointing Noon & 6 PM Memorial Garden

Reflecting on the passages that speak of Jesus washing his disciple's feet and being anointed in Bethany, participants will wash one another's feet and will be anointed by a pastor.

### Wednesday, April 4—Baking Bread—Noon & 6 PM— Brummet Hall Kitchen

Participants will work together to bake flatbread that will be used in worship on Maundy Thursday.

## Thursday, April 5—Seder Meal and Worship—

## 5 PM Covenant Room; 6 PM Sanctuary

Remembering the Passover meal and the liturgy practiced for centuries, prayers and food that is included in this rich, Jewish tradition will lead to a more meaningful remembrance of Jesus' institution of the Sacrament of Holy Communion.

### Friday, April 6—Worship Noon & 6 PM Sanctuary

Participants will remember Jesus' sacrifice through a service of darkness.

### Saturday, April 7—Praying the Divine Hours

In the comfort of daily living, participants will practice praying the Divine Hours, a ritual that has provided meaning and structure to the Christian day for thousands of years.

### SAVE THE DATE FOR TWO VERY IMPORTANT CHILDREN'S MINISTRY EVENTS

May 3-4--Join your St. Paul's friends on our first camping experience at Patagonia Lake State Park. Contact Angie McCarty by email and pay \$5 to reserve your camp site. More details will follow, but reserving camp sites in close proximity to one another must happen far in advance. More details will come soon, but register today!

June 11-15--Vacation Bible School. Meeting from 8:30-12:00 each day. Registration will begin in April.

St. Paul's Epistle is mailed the first Tuesday of the month by St. Paul's United Methodist Church, 8051 E. Broadway Tucson A7 85710

Broadway, Tucson, AZ 85710.

# MARK YOUR CALENDARS FOR APRIL 15

St. Paul's will celebrate the Risen Son with a Sunday after Easter fun run and walk, kids games, and lunch in addition to demonstrating what health-filled activities occur at St. Paul's and in our community. Ever eaten a Walking Taco? This is your chance! Bring a dish to share and join us Sunday, April 15 after worship for a healthy approach to life for the Son at our church. In addition, we will look toward a healthy start for our children and those at Schumaker School this fall. A back to school "Great Start" time will be held prior to the beginning of school. To help with this, we ask you to donate new socks and shoes for children ages 5-10 when you come on April 15. This event is being sponsored by the Community Events Task Force. Thank you in advance for your generosity.

# LENTEN STUDY - WEDNESDAYS 6:00 PM IN THE SERENDIPITY ROOM SOUTH

Continuing through April 11, Pastor Hal will lead the class using Eugene Peterson's book, "Leap Over a Wall: Earthly Spirituality For Everyday Christians." The title comes from Psalm 18:29. Come bring your Bible and join us. The book may be purchased on Amazon.com for a reasonable price.

# YOUTH RUMMAGE SALE - SATURDAY, MARCH 31 - 7:30 AM-2:00 PM

One person's trash is another person's treasure! In this case your unwanted treasures can become the items that fund youth missions and projects. What better way to remove unwanted items, clean out the closet, or straighten up that garage, then providing items that will help the youth learn and serve Christ in a new way? Items are being collected for

our biggest event of the year, the MARCH 31st RUMMAGE SALE. Please call Cindy Barger at 906-8402 or email her at <a href="mailto:ckbarger@msn.com">ckbarger@msn.com</a> with questions or to schedule a pick up. Thank you for supporting our Youth! <a href="mailto:Storage">Storage</a> available thanks to CoolBox.

### **EASTER FLOWERS**

You may remember, honor or thank someone by purchasing flowers for our Sanctuary. Your name and those honored, thanked or remembered will be listed in the Bulletin on Easter Sunday. All plants remaining after 10:00 AM on Monday, April 9 will be delivered to shut-ins and the ill in our congregation. The plants cost \$8.00 each. To celebrate in this way, fill out the form below & attach a check. Plants must be ordered by Monday, April 2.

**Easter Plant Order** 

Name	
Phone No	
•	on(s) to be <i>honored</i> d or <i>thanked</i> (circle
Number ordere	ad:
Number ordere	eu.
Easter	Lilies
Spring	Flowers

### OUR SYMPATHY...

- ...to the family of Olive Parker on her death on February 11.
- ...to Barbara Shaw on the death of her husband, Harold, on February 13.
- ...to the family of Margaret Metcalf on her death on February 20.
- ...to the family of George Allen on his death on February 20.

### THANK YOU...

...for all the get well wishes, cards and prayers from my St. Paul's family and friends. I'm home and doing well. ~Linda Freitag

...for the lovely flowers. I have received much pleasure from them. 
~Chris Forehand

...for the cards, calls, visits and most of all the prayers. Harold is working very hard at getting his left leg to work again and also the right leg that already had a brace. We feel blessed that God has brought all of you into our life. ~Your friends in Christ Jesus, Mary & Harold Van Sickle

## WELCOME NEW MEMBERS!

Nancy & William E. Baker III joined by Reaffirmation of Faith. William is in the Air Force and Nancy is a Stayat-Home Mom. They are the parents of Ian (nearly 13), Andrew (9), and Caroline (6).

**Craig Fowlkes** joined by Reaffirmation of Faith. He enjoys cycling, hiking and finance work.

Winona Hinkel joined by Transfer from Another UMC. She is retired and enjoys walking, golf, quilting and PEO.

Nancy and Bob Mahlstede - Nancy joined by Reaffirmation of Faith and Bob joined by Profession of Faith. They are retired and like to travel. Nancy enjoys cooking and gardening. Bob enjoys oil painting.

Benoni McKnight joined by Transfer from Another UMC. She is retired and enjoys various hobbies, skills and interests.

**Dorothy Moffet** joined by Reaffirmation of Faith. She is retired and enjoys reading, prayer and Bible reading and study. Dorothy was formerly a pastor's wife and is now married to Marvin Moffet.

Nancy Walter joined by Transfer from Another Denomination. She is our Director of Leadership Development at St. Paul's UMC. Nancy enjoys cycling, hiking, golf, swimming, fitness classes and lifting weights.

### STRATEGIC FORCE GROUPS

Would you like to get more involved at St. Paul's? Would you like to build deeper relationships with those you worship with each week? We can help.....we have 8 task force groups that are busy planning 2012 initiatives and you are welcome. Here are details on 4 of the task force groups:

TASK

Welcome to and Integration into the Community: (leader Sue Rose)

Name tags continue to be an important way for us to build community. Please support us. Our new members have told us the name tags are helpful and assist them in getting to know others more effectively. If you need another name tag or don't yet have one, just stop by the Welcome Table and we'll have one for you the following Sunday.

A Welcoming Sunday Experience: (leader, Sam McCarty) We are now entering our fourth month with a Welcome Table. Since feedback has been positive from our visitors and regular members alike, we will continue to have a weekly Welcome Table. Creating a welcoming experience every Sunday is all of our responsibilities and you looking help.....we are additional volunteers to cover the table. The times to cover on Sunday mornings are: 8:45 to 9:30 AM and 10:30 to 11:00 AM. Our goal is to get enough volunteers so each volunteer only covers once per quarter.

Developing Relationships between Parents and Children: (leader, Jenny Fletcher) A survey was sent to parents in February regarding spiritual learning at home. Thank you for your participation! If you still want to submit a survey, we would appreciate your feedback. Next steps are to review the data, provide you with feedback and begin to provide materials to you so you and your children can experience spiritual learning at home!

Developing Relationships among Men: (leader Jamie Harwick) Want to live Courageously? Join us on Monday nights in the Life Center Loft from 6:30 - 7:30 PM as we participate in a book study from the movie, Courageous. If you have not yet seen the movie, it is not a requirement for this study.

Additionally, we will be watching the movie on March 26. Cost is \$9.00 per person.

# Youth News ACTIVITIES, PROGRAMS & RETREATS INFORMATION JUNIOR HIGH SUNDAY SCHOOL

For Grades 6-8, 11:00 AM - Noon Shalom South, led by Betty Howard and Claire Bothwell. Students will spend time learning about the Bible and themselves in a small comfortable environment that is a safe and encouraging for the spiritual growth.

## SENIOR HIGH SUNDAY SCHOOL

For Grades 9-12, 11:00 AM - Noon in the Life Center Loft. Students will have the opportunity to explore the Bible in a small group setting that challenges them to analyze how they view themselves as Christians. What does being a Christian Teen mean?

# <u>UMYF (UNITED</u> <u>METHODIST YOUTH</u> FELLOWSHIP)

For Grades 6-12, 12:30 -2:30 PM in the Life Center. ALL YOUTH ARE WELCOME TO ATTEND! Come as you are to eat lunch, play games, learn about the Bible and to serve others in our community. Here is our upcoming schedule: March 11th - Service Project; March 18th - Music based Bible study; March 25th PREPARE FOR THE RUMMAGE SALE!!!

### ST. PAUL'S UMC SINGLES- Joan 751-7663

Thursday, March 15—Dinner at The Canyon's Crown (6958 E. Tanque Verde Rd.) at 6 PM.

## UPCOMING HARP WORLD PREMIERE

DATES

March 25--Harp Fusion April 29 May 13--Harp Choir June 17

# PRESCHOOL REGISTRATION FOR FALL 2012 IS ONGOING

Call Sheri at 260-1350 to schedule a tour, request a registration packet or for more information. Tell all your friends – word of mouth is our best advertising. A special thank you to everyone who supports our preschool through prayers and donations to our scholarship fund. Lives are truly blessed by your kindness.

### **SPORTS MINISTRY**

## ZUMBA and T'AI CHI CLASSES

Zumba classes meet Monday (Brummet Hall) and Thursday (Brummet Hall) at 5:45 PM and Saturday morning (Brummet Hall) at 8:30 AM.

T'ai Chi classes meet Thursday (A-Frame) at 4:00 PM for beginner level participants. For Beginning participants unable to attend the 4:00 class. Beainnina participants/Intermediate level group meets at 5:30 PM. Both Zumba and T'ai Chi are continuously open for enrollment. If interested, or need more information contact Rick Hornback at 909-9564 rgandjb@aol.com.

## YOGA TO BEGIN AGAIN AT ST. PAUL'S

Jacquelyn Rafferty, is offering 4-week hatha yoga sessions. Bring your yoga mat, a friend and a fun attitude. Cost is \$40 for the 4 week program. All evening classes will be held in the A-Frame. Morning classes are held in the Life Center

Shalom Room. Please contact Jacquelyn at 991-6712 for more information. Hope you will join us.

Tuesdays 6:00 PM - April 3, 10, 17 & 24

Wednesdays 9:30 AM & 6:00 PM -April 4, 11, 18 & 25

### ST. PAUL'S CYCLING

GROUP meets Saturdays at the Starbucks on Broadway and Houghton. Come out for coffee and a bicycle ride (maybe breakfast too)! For more information, contact Chris Ruhl at 205-1225 or chrisruhl@yahoo.com.

## NEW VACATION BIBLE SCHOOL SPORTS

CAMP: VBS Sports at St. Paul's UMC will have a different look this year. This year we will be conducting the sports program in-house. To that VBS Sports seeking volunteers willing to plan and oversee one of several sports divisions during VBS Sports, which will be July 9 to July 13. We will be offerina basketball. cheerleading, soccer and for 4 and 5 year olds, motor skills games. We need directors also to handle administrative work and Snack/Lunch Preparation director. We will purchase the syllabus from Upward Sports and it will provide all the materials and plans for running the Sports Camp. If you are willing to volunteer as a sports division director please contact Rick Hornback, 520-909-9564 or rgandjb@aol.com.

## WATERCOLOR SHOW AND SALE

Mark your calendars! The annual Watercolor Appreciation Show and Sale will be Sunday, March 18 in Brummet Hall from 9 AM to 1:00 PM. Refreshments will be served. We will also show on Sunday, March 25, from 9:00 AM to noon. All purchases may be taken at the time of the sale. Hope to see you there!

NATIONAL ALLIANCE
ON MENTAL ILLNESS is
sponsoring the NAMI WALK on
Saturday, March 31, at Kino

Veteran's Memorial Stadium. St. Paul's UMC will have a team of walkers. We will have a sign up table on the patio between services. For more information, call Margaret Richardson at 296-0047.

Blood Pressure Clinic: Between services on Sunday, March 18, in Brummet Hall.

Epistle deadline — Tuesday, March 27, at 10:00 AM.
Mailed — Tuesday, April 3.
Linda Kopp at linda\_kopp@stpaulsumctucson.net.

## THE MENTAL HEALTH SUPPORT GROUP

The Mental Health Support Group at St. Paul's UMC welcomes people who have friends or family members dealing with issues of mental illness as well as people who are dealing with their own problems. We would like to diminish the stigma and false information about mental illness. The aroup meets Wednesdays at 1:00 PM in Room C1. Margaret Richardson is the contact for St. Paul's Mental Health group. You can leave messages for Margaret with Jim Moffett at 296-6149.

## UNITED METHODIST WOMEN

The United Methodist Women unit meeting is on Tuesday, March 13, at 9:30 AM in Brummet Hall. Lydia Circle will present an Easter Program. All women are invited to attend. Please contact Barbara Neubert, 296-9792 for further information.

PLEASE PRAY FOR THESE SOUTH DISTRICT CHURCHES

## DURING THE MONTH OF MARCH:

Duncan UMC, Duncan First UMC, Eloy Green Valley Community UMC, Green Valley

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## SAVVY SENIORS STRETCHING AND

STRENGTHENING

**CLASS** We meet on Mondays, Wednesdays, and Fridays at 9:00 AM in the Life Center Activity Room. Our leader is Sam Freeman. A donation of \$1 per class is appreciated. The perimeter of the gym has a walking track so come early and walk — it's safe! New T-Shirts are available for \$11 each.

### ►►LAYCARE & HEALTH MINISTRY

WORKSHOPS: We have several upcoming health related workshops that should be of interest to all.

- Take Charge of Your Health -Healthy Living Workshop presented by Pima Council on Aging - March 27 - May 1 on Tuesdays at 1:00 PM -3:30 PM in the Covenant Room. If you are living with an ongoing health condition or are a caregiver for someone who is, you should attend. Hypertension, arthritis, heart/lung diseases, cancer, diabetes and other conditions will be covered. Preregistration is required. Call the PCOA Health Promotion Program at 790-7262 to register. Contribution \$15/person, \$25/couple.
- A Matter of Balance Workshop
   presented by Pima Council on Aging
   on Mondays and Thursdays 9:30 AM
   11:30 AM in Brummet Hall East
   Room. Pre-registration is required.
   Call the PCOA Health Promotion
   Program at 790-7262 to register.

Contribution \$15/person, \$25/couple. BEGINS MONDAY, APRIL 2ND

● <u>Hospice Care Workshop</u> presented by Joanne Salvador of Odyssey Hospice on Wednesday, March 28 at 10:40 – 11:45 AM in Brummet Hall. Lunch will be served by the UMW. <u>Register by calling the church office</u> at 296-6149 by March 26<sup>th</sup>.

## ►►ST. PAUL'S WATERCOLOR CLASS

Our class meets Mondays from 10:30 – 1:30 PM in the A – Frame. Bring your lunch or a snack. Please call Nancy Anderson at 546-1533, or Laree Freeman at 749-3537 for more information.

### ►►THE BELLES OF ST.

**PAUL'S** welcoming ladies 50 years and older to join us for fun, food and fellowship .

CHAPEAUX ROJAS will be going to the Ai Bistro, Art Institute, 5099 E. Grant Road on Wednesday, March 21, (this is the third Wednesday) at 11:30 AM. Make your reservations with Barbara at 296-9792 by March 12.

**DESERT ROSES** will be going to the Dakota Café, 6541E. Tanque Verde Road (Trail Dust Town) on Thursday, March 22 at 11:30 AM. Contact Mary Fuller at 722-3378.

**GLAD HATTERS** will be going to lunch at Bistro 44, 6761 E. Tanque Verde Road on Friday, March 16, at 11:30 AM. Hostess is Nancy Standish at 745-2971

**SAVVY SISTERS** will be going to Sam Hughes Championship Dining Restaurant, at the corner of 6<sup>th</sup> and Campbell on Saturday, March 10, at 12 noon. Contact Loraine White at 885-6626 for information.

## ►► WEDNESDAY MORNING AT THE

MOVIES

Our movie for Wednesday, March 21, is "Courageous." This film was made by Sherwood Church in Georgia.

Sherwood made Flywheel, Fireproof and Facing the Giants. Every one of these films is wonderfully inspiring for Christians. The movie begins at 10:30 AM in the Covenant Room just after Exercise Class. Charge is 25¢ for refreshments. (CHEAP!)

►► BIBLE STUDY The Bible Study Class meets Monday mornings in the Covenant Room at 10:30 AM. Lee Harter leads the class.

## ►►HIKE & WILDFLOWER VIEWING

IN MARCH: Wednesday, March 14 we'll hike the Phone Line Trail in Sabino Canyon. During a good wild flower year such as we have this year, the Phone Line Trail appears to have been landscaped with wild flowers. This is one of the premier Tucson hikes. The Phone Line Trail is about a 5-mile hike, with the first 1/2 mile a rather steep climb, so we'll take it easy. Bring at least 2 liters of water and energy snacks. There are no good places for a meal break on this trail. We'll take the Sabino shuttle to the trail head; shuttle fee is \$8.00. Call the office (296-6149) to register by Monday, March 12. Be sure to leave your phone number. If you have a Senior Pass to Nat'l Parks, please bring it. We'll leave from Brummet Hall promptly at 8:15 AM in order to catch the 9:00 AM shuttle. Limit 10 - No van fee for this hike!